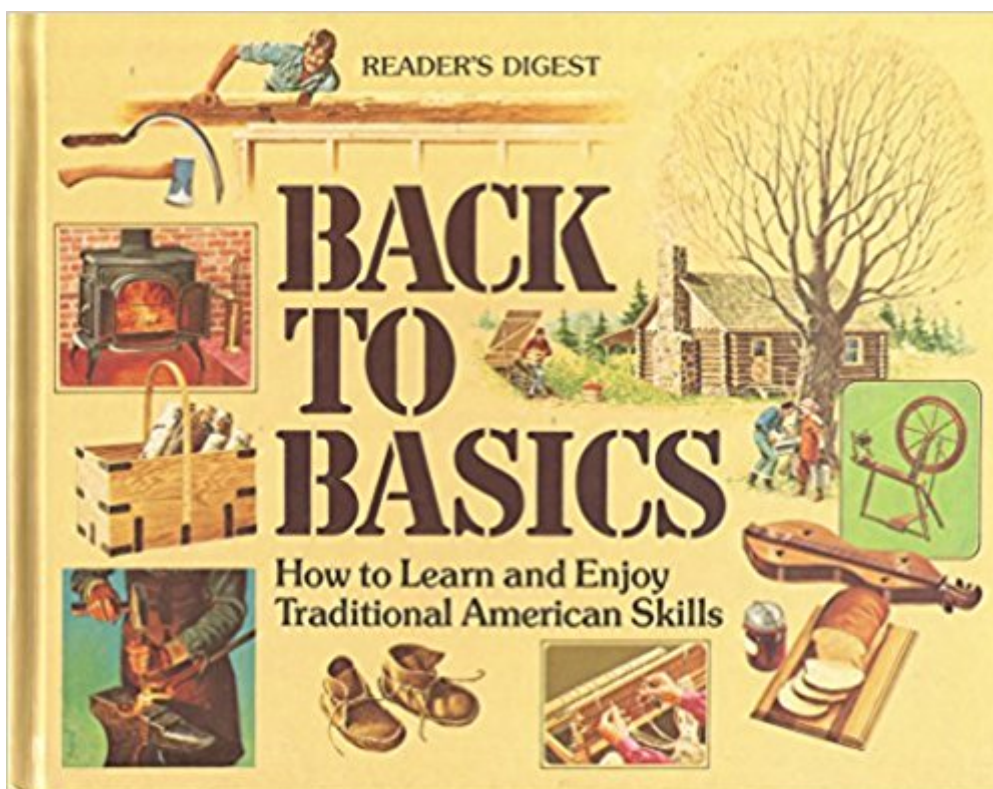


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Back To Basics: How To Learn And Enjoy Traditional American Skills



Synopsis

This Reader's Digest "BACK TO BASICS" handy book is a how-to, user-friendly guide that teaches self-sufficiency covering all of life's essentials: shelter; alternative energy sources; growing and preserving food; home crafts; directions for making herbal remedies; and even home-grown entertainment. [goodreads]

Book Information

Hardcover: 456 pages

Publisher: Readers Digest; First Edition edition (July 1, 1981)

Language: English

ISBN-10: 0895770865

ISBN-13: 978-0895770868

Product Dimensions: 10.9 x 1 x 8.7 inches

Shipping Weight: 3.1 pounds

Average Customer Review: 4.8 out of 5 stars 294 customer reviews

Best Sellers Rank: #16,728 in Books (See Top 100 in Books) #13 in Books > Crafts, Hobbies & Home > Home Improvement & Design > How-to & Home Improvements > Do-It-Yourself #16 in Books > Crafts, Hobbies & Home > Crafts & Hobbies > Reference #897 in Books > Parenting & Relationships

Customer Reviews

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a lot of info. about our early history of how to be self sufficient

Awesome "everything" about the basics book. Great reference book.

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A treasure of a book! A must have for generations!

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a treasure trove of info.

A staple for the home craftsman/farmer in all of us. Basic. From recipes such as honey mead and breads, gathering maple syrup to patterns for chicken coops and moccasins, Natural dyes & Weaving, Forging, Wilderness survival...The love of basic life skills should be taught in all schools. I had this book many moons ago, and lost it in a move. I will not let this one slip away!

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